



Getting answers to your health care questions just got easier.

Reach out to us.

Whether you want to know if your treatment is covered or how you can start healthy new habits, there's a team of people dedicated to helping make things simpler for you.

\$0

This service is provided at **no additional cost** as part of your health plan.

Get help with a personal touch.

myuhc.phs.com

Call Personal Health Support at the member phone number on your health plan ID card.

This service should not be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room. The information provided through the program is for informational purposes only and provided as part of your health plan. Nurses and other representatives cannot diagnose problems or recommend treatment and are not a substitute for your doctor's care. Your health information is kept confidential in accordance with the law. The program is not an insurance program and may be discontinued at any time. Insurance coverage provided by or through UnitedHealthcare Health Plan coverage provided by or through a UnitedHealthcare company.